# KINGSTON AREA SPORTS LEAGUES

This information is provided as a public service. The Town of Kingston and the Kingston Recreation Commission do not organize athletic programs.

### **Kingston Cougars Football (Pop Warner)**

Boys and Girls

Ages 5-15 www.kingston-cougars.com

#### **Granite State Over 30 Baseball Leagues** www.gsbl.net

Email to: gsblbaseball@yahoo.com

#### Sanborn Youth Soccer

**Boys and Girls** www.sanbornyouthsoccer.org

Kindergarten to Grade 8

#### Seacoast Rugby Club www.seacoastrugby.org

#### Sanborn Junior Indians - Football and Cheerleading

Juniors - Grades 5-6 www.sanbornyouthfootball.com

Seniors - Grades 7-8

### Kingston Youth Baseball/Softball and T-Ball Association

www.eteamz.com/kybs

# Sanborn Babe Ruth Baseball

**Boys and Girls** 

www.newtonbsa.com

Group 1 - up to 13 years Group 2 - 14-15

Group 3 - 16-18

Email to: gnelly@comcast.net

### Legends 50 Plus Basketball League -- Rockingham Atheletic Club, Plaistow

Call: 382-2323 or 819-9148

#### Golf

Apple Hill Country Club 642-4414 Kingston Fairways 642-7722 **Atkinson Country Club** 362-8700

# Little League Baseball:

Ages 4-5 (T-Ball) Ages 6-7 (Farm Team) Ages 8-9 (Triple A Team) Quintown Major and Minors for Ages 10, 11 and 12

# Kingston Night Owls Young Men's baseball (Over 18)

www.nsbl.org