

# KINGSTON AREA SPORTS LEAGUES

This information is provided as a public service. The Town of Kingston and the Town of Kingston Recreation Commission do not organize athletic programs.

## Kingston Cougars Football (Pop Warner Football)

Boys and Girls  
Ages 5 - 15

[www.kingston-cougars.com](http://www.kingston-cougars.com)

## Granite State Over 30 Baseball League

[www.gsbl.net](http://www.gsbl.net)

Email to: [gsblbaseball@yahoo.com](mailto:gsblbaseball@yahoo.com)

## Sanborn Youth Soccer

Boys and Girls  
Grades 4-8

[www.sanbornyouthsoccer.org](http://www.sanbornyouthsoccer.org)

## Seacoast Rugby Club

[www.seacoastrugby.org](http://www.seacoastrugby.org)

## Sanborn Junior Indians - Football and Cheerleading

Juniors - Grades 5-6  
Seniors - Grades 7-8

Email to: [denise.smith10@comcast.net](mailto:denise.smith10@comcast.net)  
[glennsmith@comcast.net](mailto:glennsmith@comcast.net)

## Kingston Youth Baseball/Softball and T-Ball Association [www.eteamz.com/kybs](http://www.eteamz.com/kybs)

Kristen and Paul Kilimonis - [kilimonisfamily@comcast.net](mailto:kilimonisfamily@comcast.net)

## Sanborn Babe Ruth Baseball

Boys and Girls  
Group 1 - up to 13 years  
Group 2 - 14-15  
Group 3 - 16-18

[www.newtonbsa.com](http://www.newtonbsa.com)

Email to: [gnelly@comcast.net](mailto:gnelly@comcast.net)

## Legends 50 Plus Basketball League

Rockingham Athletic Club, Plaistow

Call: 382-2323 or 819-9148

**Golf:**

Apple Hill Country Club (642-4414)  
Kingston Fairways (642-7722)  
Atkinson Country Club (362-8700)

**Little League Baseball:**

Ages 4-5 (T-ball)      Ages 6-7 (Farm Team)      Ages 8-9 (Triple A Team)  
Quintown Major and Minors for Ages 10, 11 and 12.  
Call Kristin and Paul Kilimonis at 642-4418 or email to:  
kilimonisfamily@comcast.net

**Kingston Night Owls - Young Men's Baseball (Over 18)**

Call Dan Sweet at 642-8176

[www.nsbl.org](http://www.nsbl.org)